

The Six Hour D

...and How to Avoid It

[Editor's note: This page is a modification of an old handout in my "How to Study" folder,

technique. The chapter explains this type of thing, noting that psychologists apply the term "placebo effect" to much more than "sugar pills." The student had missed this point and, appropriately, had missed the quiz item about placebo effects.

How could the student avoid such difficulties? I usually advise such students to test themselves

